



Coming up at the UCLA Nathanson Family Resilience Center

Join us for events supporting caregivers and family members with a loved one receiving mental health care at UCLA.



Tuesday, March 24, 2026

11 AM - 11:45 AM

Navigating Care at UCLA:
Thoughts from a Parent

Susan Cohen, MPH



Thursday, April 16, 2026

11 AM - 11:45 AM

Let's Talk Teen Mental Health

Jocelyn Meza, PhD



Tuesday, May 5, 2026

11 AM - 11:45 AM

Decoding Adolescent Behavior

Kalen Kennedy, PhD



300 Medical Plaza, Suite 1500

For more information: info@nfrc.ucla.edu