FOCUS on Foster Families





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is a mobile app for foster and adoptive youth and families. It is a free resource that provides information and support in the form of candid interviews and scripted video clips focused on overcoming the common challenges faced by foster/adoptive youth and families. The app also includes interactive video games for youth designed to build skills in problem-solving and emotional regulation, and links to resources for youth and parents.



Foster Youth & Parents





- First Star Youth
- Guardian Scholars
- Grandparents as Parents

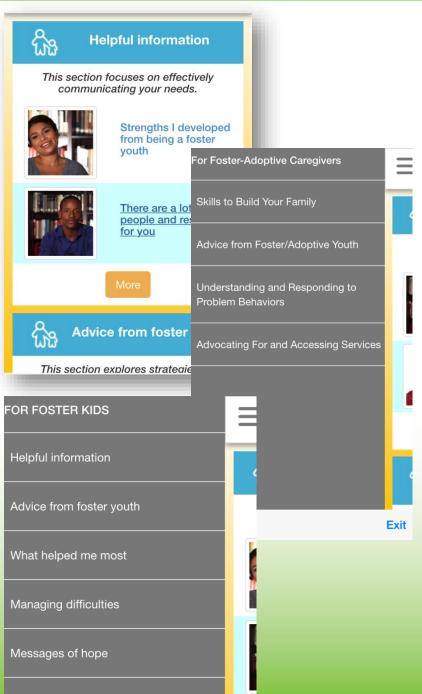




- DCFS
- TIES for Families
- UCLA

Resources

- Candid interviews with current and past foster/adoptive youth, parents and grandparents, and experts on the foster/adoptive process
- Training videos to offer instruction on helpful ways to deal with common challenges
- Online resources for foster/adoptive youth and parents

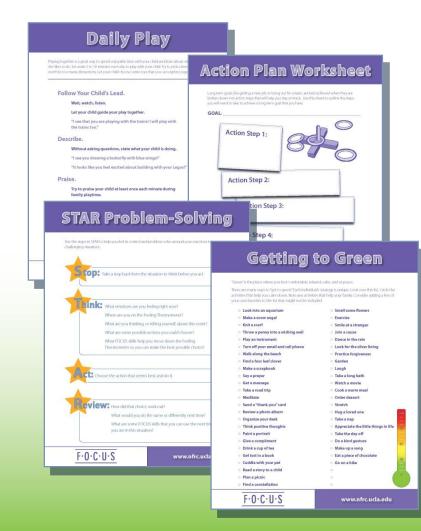


Skill-Building Activities

Resources linked to key video topics are available to download, email, and print!

Use these tools to guide discussions about:

- Communication
- Problem Solving
- Goal Setting
- Child Development
- Emotional Regulation



Main Game: Bear Necessities







Main Game: Bear Chill





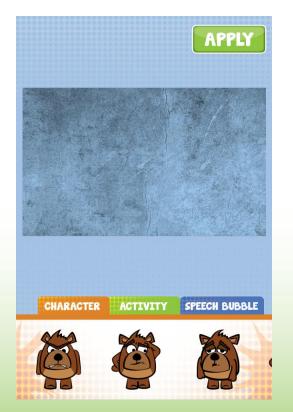
Mini Game: Feeling Finder







Mini Game: Comic Creator







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