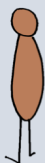


What is a Population Health Approach?

Let's begin with
an ecological
framework

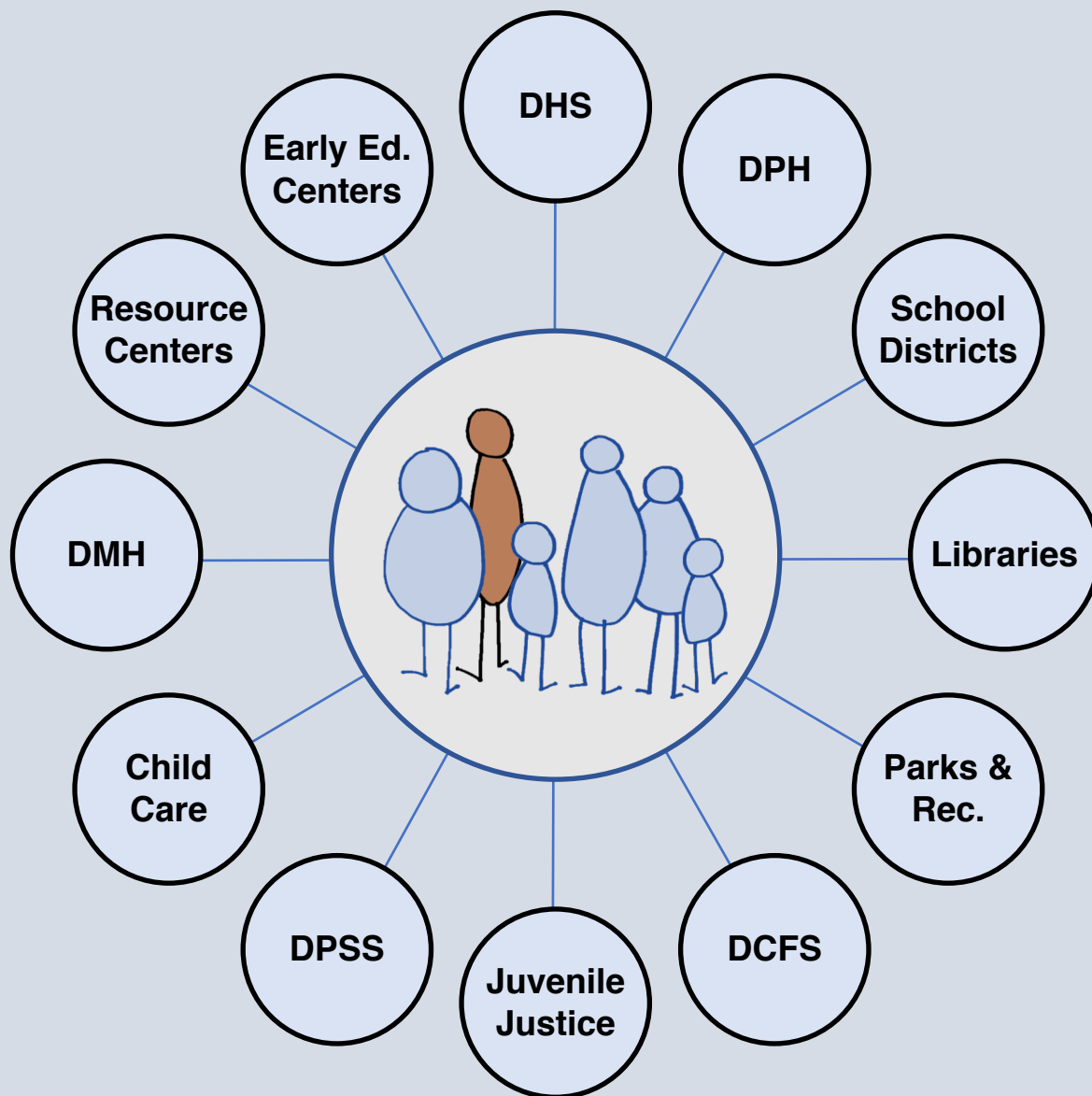


Individuals are...

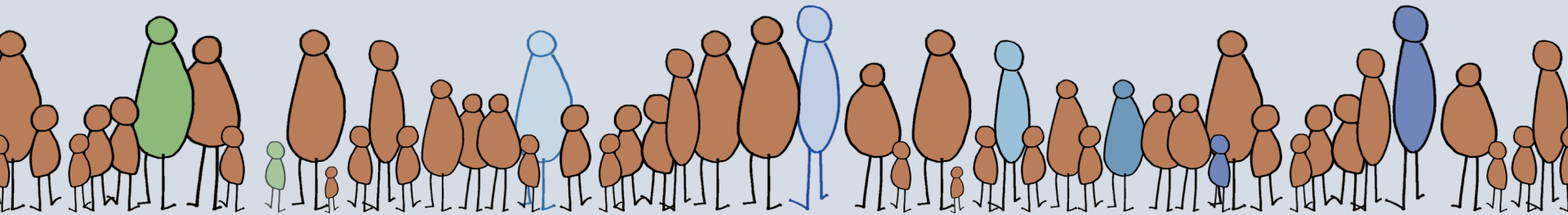


embedded in
families...

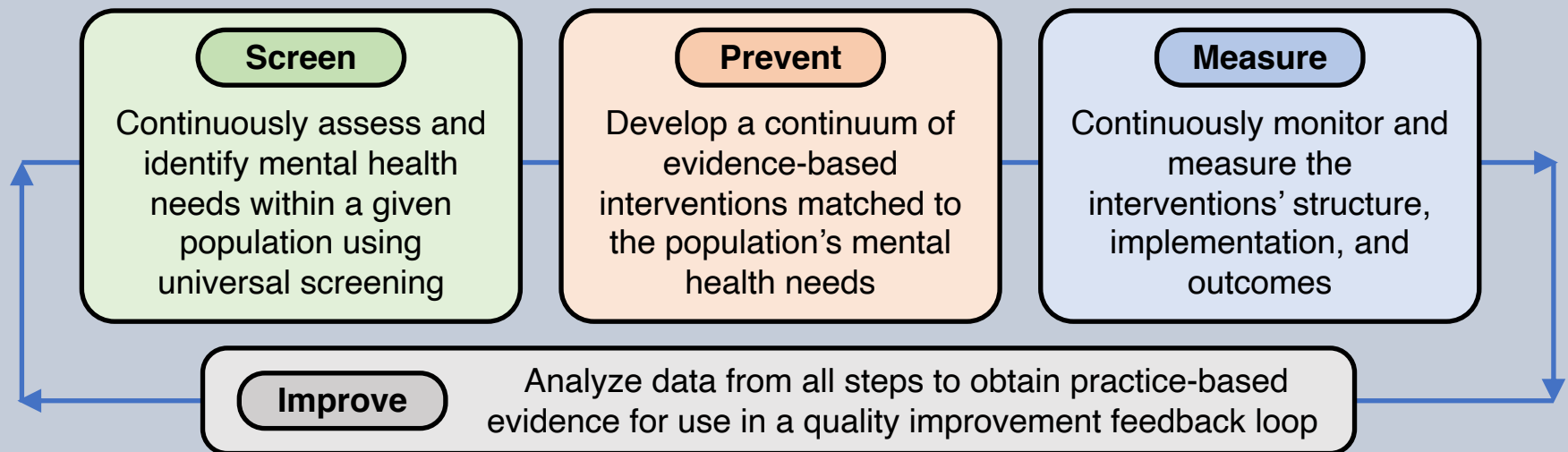
...that interact with
various community
ecosystems



How to Best Address Population Wellbeing?

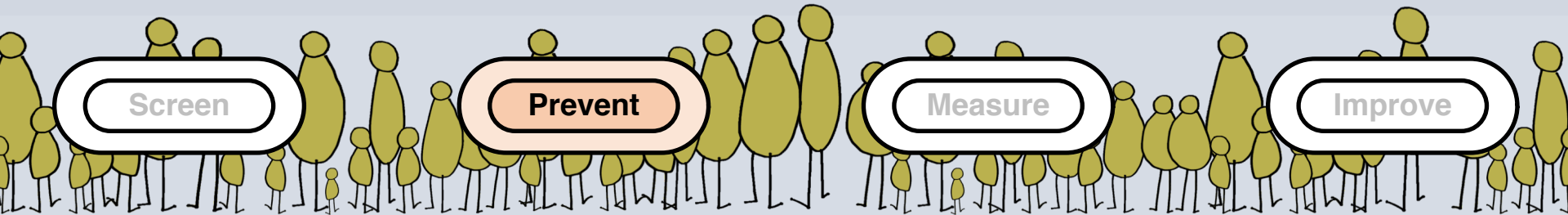


Infrastructure for a Learning Community System



This **adaptive** approach identifies groups with different needs, aligns needs with specific interventions, and tracks the interventions' quality, all with the goal of **improvement**.

Began with an Ecological Framework

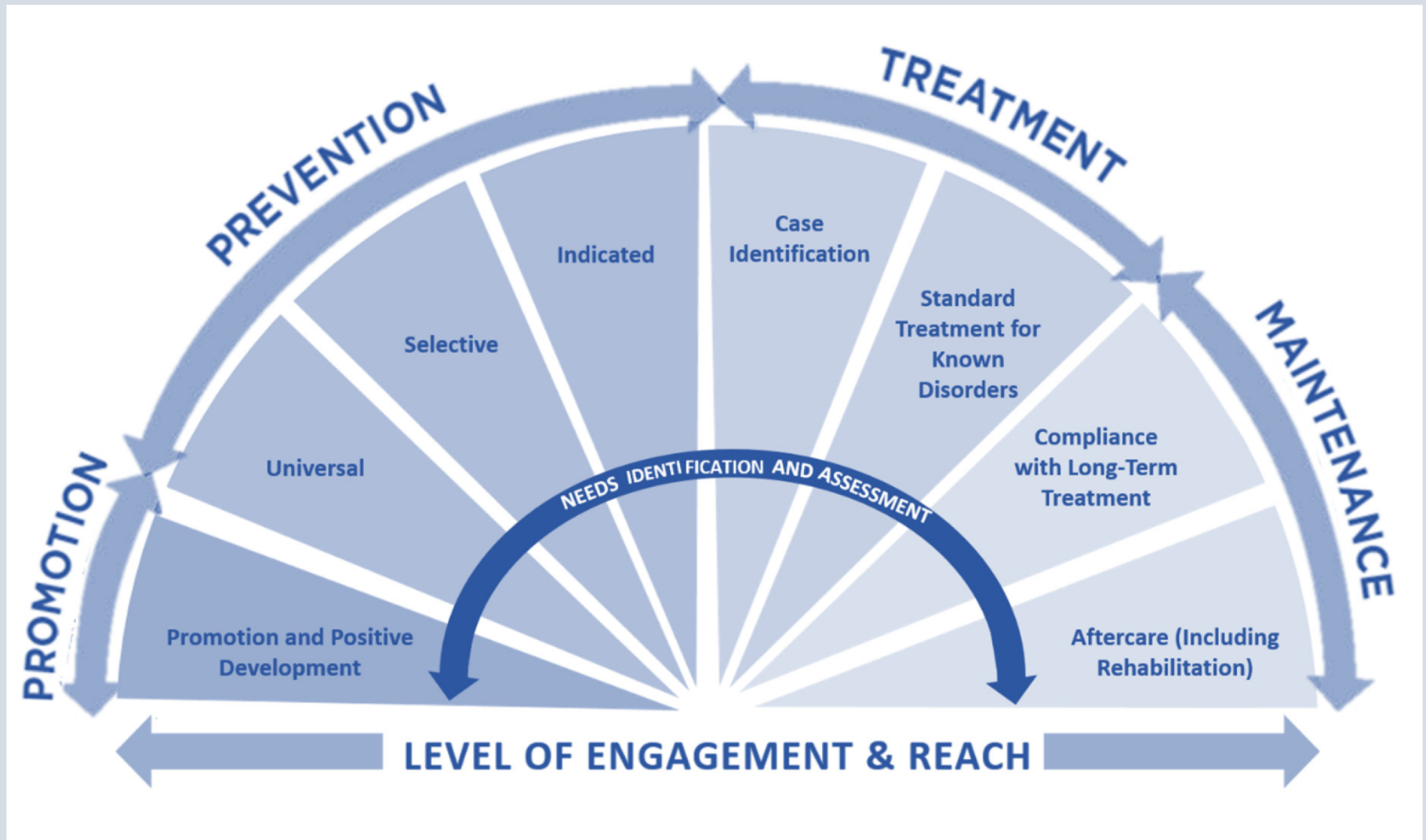


- Recognize that individuals are embedded in military-connected families who interact with various systems
- Improvements in one area will reverberate throughout entire family

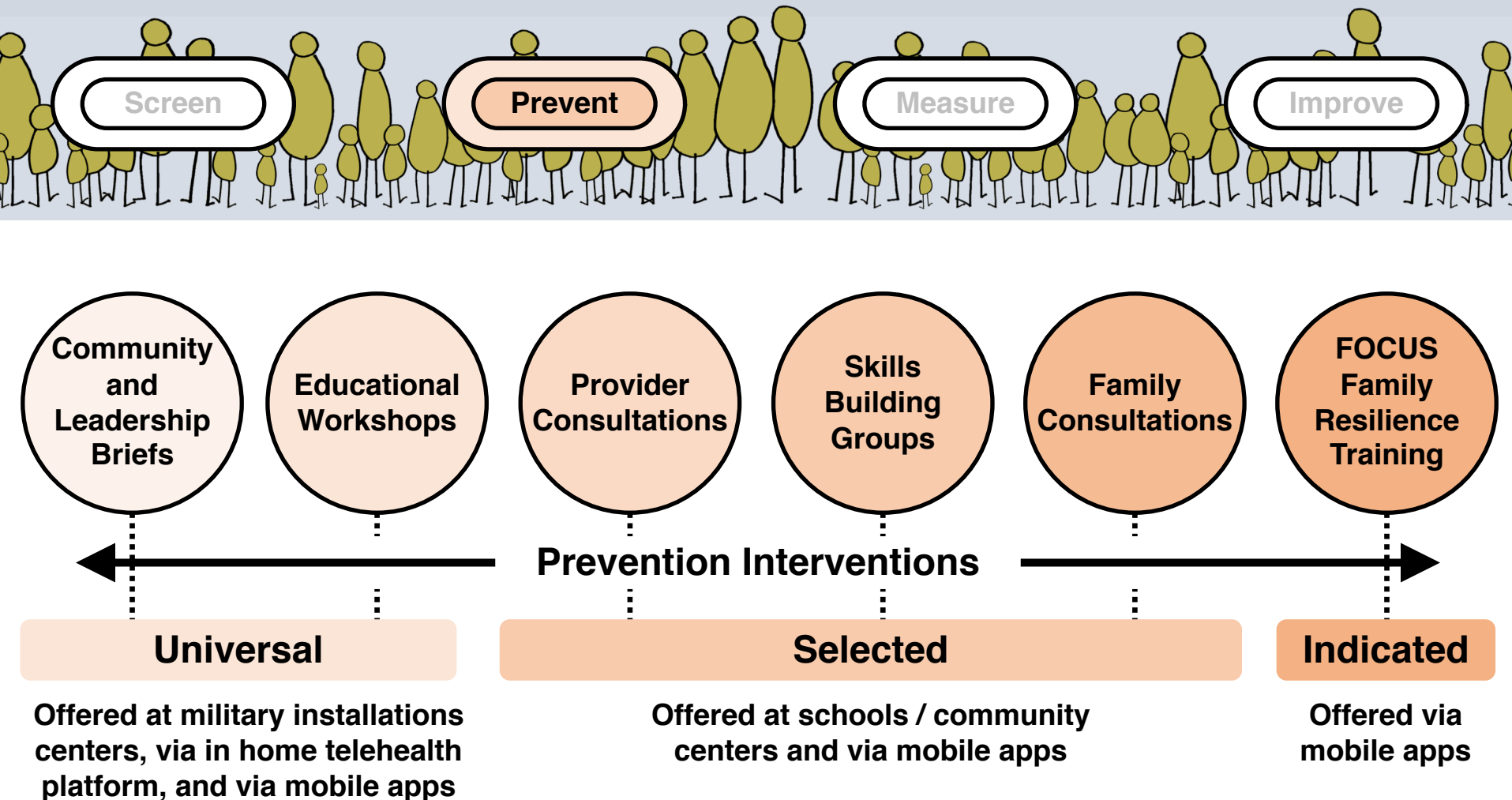
MacDerrid Wadsworth et al., 2013
IOM Report, 2019



Preventions fit into larger continuum of mental health care



Current Continuum of FOCUS Prevention Interventions

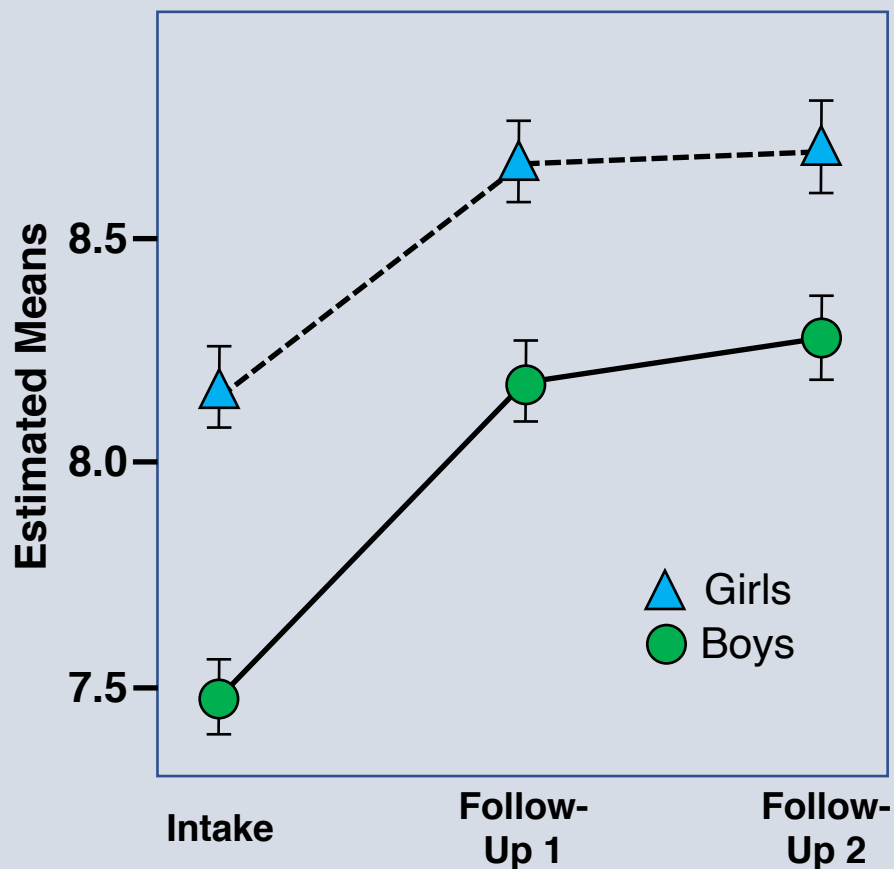


Provide flexible opportunities to meet families where they are, using various modes of delivery, working *with* the existing systems

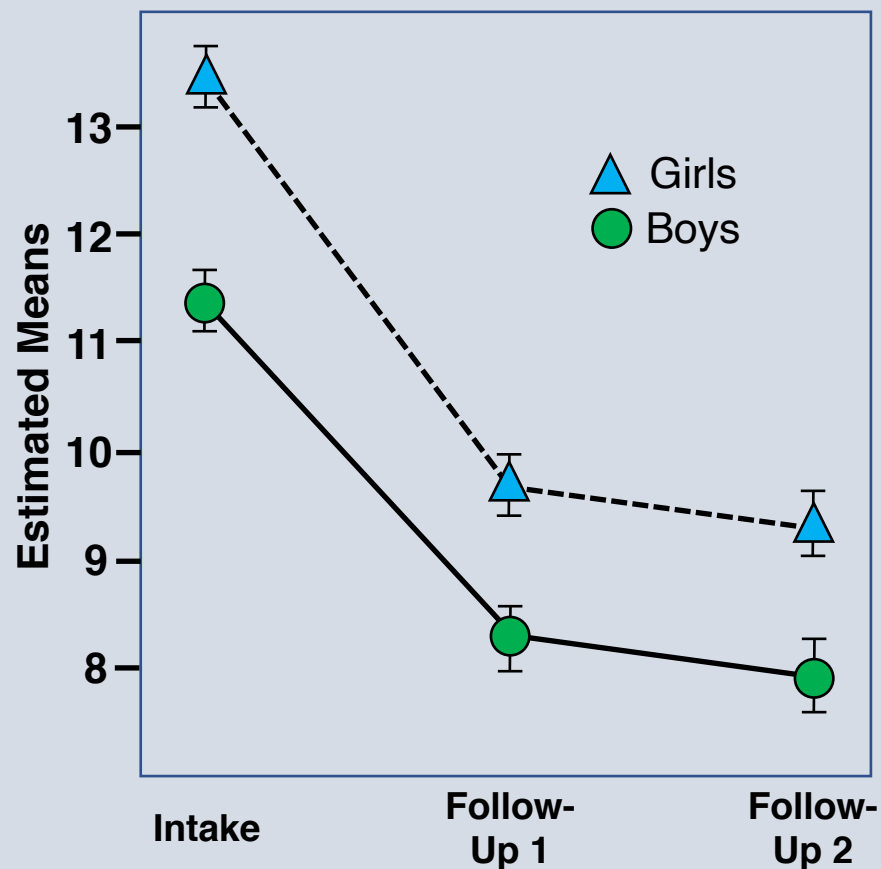
Families with Children: Child Adjustment over Time

3,810 children ages 3-18; 54% were boys

Pro-Social Behaviors



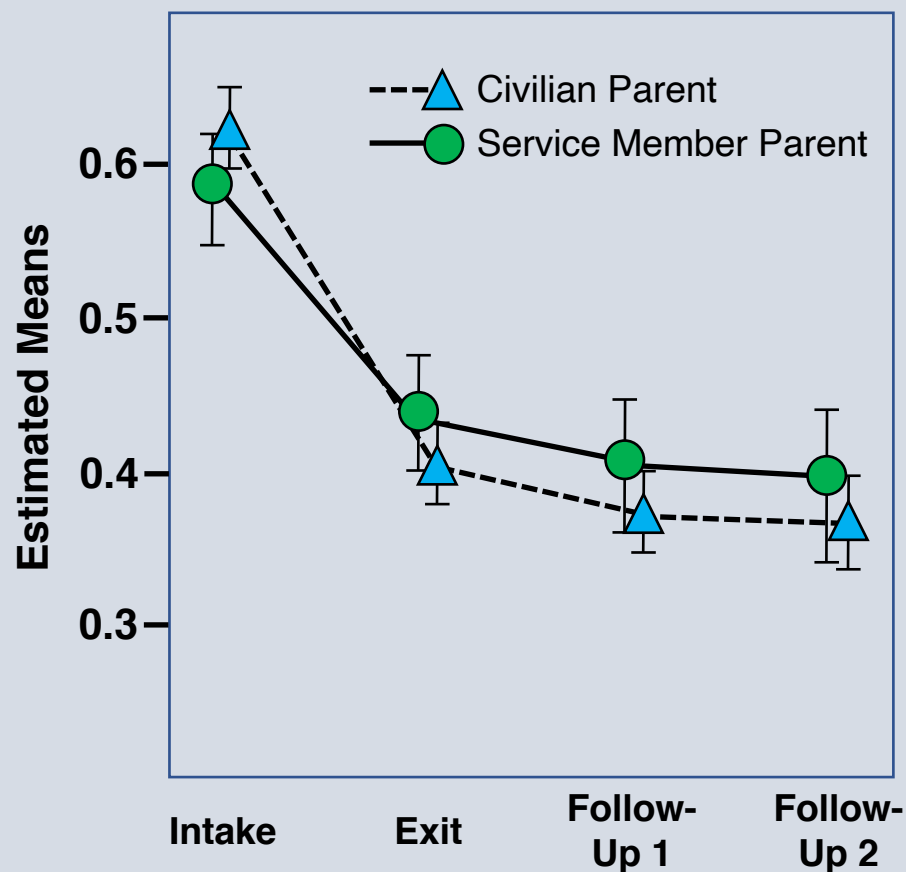
Total Difficulties



Parent Anxiety and Depression Symptoms Over Time

1,426 (40.8%) Service Members and 2,073 (59.2%) Civilian Parents

Anxiety Symptoms



Depression Symptoms

