A STRESS, TRAUMA, AND RESILIENCE SEMINAR

PRESENTED BY THE DIVISION OF POPULATION BEHAVIORAL HEALTH

BEYOND BEHAVIOR:

EVIDENCE-INFORMED STRATEGIES FOR DE-ESCALATION, EMOTIONAL REGULATION, AND TRAUMA-INFORMED BEHAVIORAL INTERVENTION

Brittany Domenick, MA

WEDNESDAY, DECEMBER 16 | 9:00-10:00AM

Click here to register on the Wellbeing for LA Learning Center

This seminar will be held online.



LEARNING OBJECTIVES:

1. Identify observable indicators of behavioral escalation and distinguish objective behavioral observations from assumptions about an individual's intent or underlying needs.
2. Explain how stress responses, environmental conditions, and individual factors can influence emotional regulation, communication, and behavioral functioning.
3. Apply evidence-informed de-escalation strategies, including supportive communication, environmental modifications, and individualized responses, to promote safety and reduce escalation.
4. Utilize basic behavioral assessment principles to identify potential contributing factors, develop intervention hypotheses, and inform proactive, multidisciplinary behavioral support.

A recording with closed captioning will be available on the STAR Seminar web page at https://dpbh.ucla.edu/star-seminar/.

UCLA Health | Population Behavioral Health

UCLA Child & Youth Behavioral Health Center of Excellence

1.0 Continuing Education Credits Available.

UCLA Division of Population Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists.
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